

Parkway Family Chiropractic

Dr. Lisa L. Boeser

ABOUT THE PATIENT:

Today's Date _____

Name: _____ Date of Birth _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ - _____ - _____ Work Phone: _____ - _____ - _____ Cell Phone: _____ - _____ - _____

Email Address: _____ Occupation: _____

Whom may I thank for referring you to Parkway Chiropractic? _____

EXPERIENCE WITH CHIROPRACTIC:

Have you been adjusted by a chiropractor before? _____ Doctor's Name _____

Approximate date of last visit? _____

What was the reason for those visits? _____

REASON FOR SEEKING CARE:

If you have no symptoms and are here for wellness care, please check here: *I wish to have wellness services.*

What are your current health concerns? _____

How did this problem begin (eg. fall, lifting, etc.)? _____

How long have you had this condition? (Date of Onset) _____

How is your condition changing? GETTING BETTER GETTING WORSE NOT CHANGING

Have you had this condition in the past? YES - NO

How often do you experience your symptoms?

Constantly (76-100% of the day) Frequently (51-75% of the day)

Occasionally (26-50% of the day) Intermittently (0-25% of the day)

Describe the nature of your symptoms: Sharp Dull Numb Burning Shooting Tingling Radiating Pain

Tightness Stabbing Throbbing Other: _____

Please rate your pain on a scale of 1 to 10 (0= no pain and 10= excruciating pain)

1 2 3 4 5 6 7 8 9 10

How do your symptoms affect your ability to perform daily activities such as working, exercising, driving or sleeping?

(0= no effect and 10= no activity is possible) 1 2 3 4 5 6 7 8 9 10

What activities aggravate your condition (working, exercise, etc)? _____

What makes your pain better (ice, heat, massage, etc)? _____

Please Check ✓ all the conditions that you have experienced in the last 6 months, even if they do not seem related to chiropractic or your current problem.

Condition, Symptom Or Problem	Constantly or Frequently	Sometimes or Occasionally
Headache	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
Sinus Problems	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>
Ear Infections	<input type="checkbox"/>	<input type="checkbox"/>
Low Energy	<input type="checkbox"/>	<input type="checkbox"/>
Sleep Issues	<input type="checkbox"/>	<input type="checkbox"/>
Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>
Radiating Arm Pain	<input type="checkbox"/>	<input type="checkbox"/>
Hand Numbness	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Heart Conditions	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid Problems	<input type="checkbox"/>	<input type="checkbox"/>
Upper Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Heartburn	<input type="checkbox"/>	<input type="checkbox"/>
Indigestion	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Colds	<input type="checkbox"/>	<input type="checkbox"/>
Gallbladder Issues	<input type="checkbox"/>	<input type="checkbox"/>
Skin Conditions	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Gas Pains	<input type="checkbox"/>	<input type="checkbox"/>
Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Leg Pain	<input type="checkbox"/>	<input type="checkbox"/>
Numbness in Legs	<input type="checkbox"/>	<input type="checkbox"/>
PMS	<input type="checkbox"/>	<input type="checkbox"/>
Bladder Problems	<input type="checkbox"/>	<input type="checkbox"/>
Plantar Fasciitis	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Blood In Stool	<input type="checkbox"/>	<input type="checkbox"/>
Yeast Infections	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>

**Circle the areas where you have any problems.
Please also describe these problems.**

Below, please describe any other health information you feel might be important to your care.

Thank you for being complete and thorough.

CURRENT MEDICATIONS:

Please provide a list of medications you currently take:

SUPPLEMENTS:

Please provide a list of supplements you currently take:

WELLNESS PROFILE:

Your care at Parkway Family Chiropractic can go far beyond symptom relief. Dr. Lisa can educate you on how to improve your overall health and well-being. Please check any of the following goals you are interested in:

- | | |
|--|--|
| <input type="checkbox"/> More Energy | <input type="checkbox"/> Better Sleep |
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Better Concentration |
| <input type="checkbox"/> Better Overall Health | <input type="checkbox"/> Improved Immune System Function |
| <input type="checkbox"/> More Balanced Posture | <input type="checkbox"/> Improve Nutrition |
| <input type="checkbox"/> Reduce Medications | <input type="checkbox"/> Try Quality Vitamin Supplements |
| <input type="checkbox"/> Other _____ | |

GOALS FOR YOUR CARE:

How would you currently rate your overall health?

Poor 1 2 3 4 5 6 7 8 9 10 Excellent

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the actual cause of pain and others for correction of whatever is malfunctioning in their body. Your needs and desires will be taken into account when recommending your care program. Please select the type of care desired:

- Relief Care:** Symptomatic relief of pain or discomfort
- Corrective Care:** Correcting and relieving the cause of the problem and the symptom
- Comprehensive Care:** Bring whatever is malfunctioning in the body to the highest state of health possible (This includes chiropractic care & lifestyle (nutrition and exercise) guidance)

To the best of my knowledge, the above information is complete and correct. I understand that it is my responsibility to inform my doctor if I or my minor child ever has a change in health status.

Signature _____ Date _____